

Macon County Senior Center News

Happy New Year, Senior Citizens of Macon County! As we begin a new Fiscal Year, I'd like to take a moment or two to reflect on the events that have taken place since July 1, 2008...

With the purchase of the "old Sears building" July 2nd, 2008, many great and wonderful things have taken place. The transformation from the "old Sears building" to the "New Macon County Senior Citizens Center" only took an amazing 7 weeks to complete! Within a few months, we had a sign out front (Thank you Alexander Funeral Home) and a brand new logo (Thanks to Mary K Mueller and Brent Baker) over the entrance of the center (Thank you Anderson Funeral Home)! The outpouring of support from our community has been tremendous! And, from the bottom of our hearts, we thank each and every one of you!

Participation in activities include the walking track, where we have walked over 2300 miles since September! Some of our members enjoy pool, cards, a structured physical fitness program, BINGO, day trips, free blood pressure checks, monthly Birthday parties and "Noggin' Nudgin' " a program presented by The Palace; and that just names a few!

With the development of so many life-long friendships over the past year, we can look back and see how completely BLESSED we are to be given the opportunity to enjoy "the nicest Senior Center in the Upper Cumberland Area." And that's a direct quote from some of our top dignitaries in Nashville and Cookeville!

Folks, we have something to be proud of right here in our own community! If you or someone you know would like to become a member or needs information on programs or services we offer, or you would like to make a donation, please come by the Center at 329 Hwy 52 By Pass East, Lafayette, or call us at 615-666-3780. Our staff is friendly and eager to help in any way we can!! Membership is FREE! The benefits of becoming involved in the center is priceless!

Macon County Chamber of Commerce

685 Highway 52 By-Pass West
Lafayette, TN 37083



Macon County Chamber of Commerce NEWSLETTER

685 Hwy. 52 By-Pass W.
Lafayette, TN 37083

July 2009

Phone (615) 666-5885
Fax (615) 666-6969

Officers & Board of Directors: Thomas Kidd - President
Richard Thomas, Brad Tuttle, Shelia Shrum, Debbie Mason, Cindy Holland, Beverly Walker, Tonia Butler, Pat White
Lona Vinson, Executive Secretary • Crystal Justice, Office Assistant
Website: www.maconcountyttn.com • Email: mchamber@nctc.com

Welcome New Members!

Quality Homes & Services

10114 Highway 52 West
Westmoreland, TN 37186
Phone: (615) 644-3655 • Contact Karri Bell

F & M Furniture Mfg. Co.

916 Scottsville Road • Lafayette, TN 37083
Phone: (615) 666-2119
Richard Freeman, Owner

Laugh N Learn Daycare

211 Edgewood Street • Lafayette, TN 37083
Elaine Patterson, Owner
Phone: (615) 688-7878

BeutiControl

506 Freeman Street • Lafayette, TN 37083
Phone: (615) 388-4962
Contact: Ms. Ashley Dismen

La Tia Mexican Restaurant

100 Highway 52 By-Pass West • Lafayette, TN 37083
Phone: (615) 688-6868
Franciso Onate, Owner

Thank You

We would like to say "Thanks" to Richard Freeman for being nice enough to donate a couch for the Macon County Welcome Center Lobby. We hope everyone will come by and take a look at what you can have made and purchase right here in Macon County.

Membership Meeting

Our next meeting will be on July 28th at La Tia Mexican Resturant at 11:30 a.m. Our guest speaker will be Wisty Pender, Enterprise Specialist BERO, Business Development Division TN Department of Economic & Community Development. PLAN NOW TO BE THERE.

Check out the www.maconcountyttn.com website each month and keep up with dates and speakers for the Chamber Membership Meetings.

Summer Cooling Tips

When the temperature rises, so does energy usage - by up to one third during the summer months - mostly thanks to hard-working air conditioners. Truth is, there are plenty of simple and smart ways to reduce summertime energy usage without ever breaking a sweat.

- **Dim the lights.** Adjust timers on outdoor lighting to account for longer days. Citronella candles and tiki torches may be efficient for patio and deck lighting.
- **Ditch the sprinkler.** Replace some grass with drought resistant, low-growing plants. What's more, these low maintenance greens spread quickly and cut down on lawn mowing time.
- **Develop a green thumb.** Shade a home's south side with leafy trees. Besides protecting your house from the highest heat, they provide a cool refuge for picnics and games.
- **Pull the shades.** Shut blinds and curtains to block heat. When you invest in quality window treatments, it will affect your energy bills during the coldest winter months as well.
- **Simplify meal prep.** Cook with a microwave, toaster oven or slow cooker rather than the stove. That's right - the easier the cooking method is for you, the easier it will be on your bills.
- **Improve your view.** Plant shrubs to shade air conditioners. Well-designed landscaping also add curb appeal and increases property value.
- **Make the switch.** Replace clogged air filters in cooling systems. Keeping track of filter expiration dates on a calendar prevents the out-of-sight, out-of-mind syndrome.

UPCOMING EVENTS

2nd ANNUAL TROPICAL DOLLS: Time, Date and Location – TBA - Contact: Jacqueline Law at 615-888-6481 or email jacquinelaw@yahoo.com Proceeds for Children's Miracle Network @ Vanderbilt.

FIFTH FRIDAY FISH FRY: July 31, 2009 at 5:00-9:00 p.m. The Donoho Hotel in Red Boiling Springs. Contact Robert Stroop at 1-800-799-1705 or visit www.donohohotel.com. All entertainers and help are volunteers—proceeds benefit the Goodwill Committee.

THAT THER WUZ: - presented by the Thomas House in Red Boiling Springs. The event will include dinner and show for \$25.00 + tax per person. The show is a musical comedy. Contact: The Thomas House at 615-699-3006.

TRUCK & TRACTOR PULL: August 7th thru 8th at 7:00 p. m. Macon County Fairgrounds. Contact: Terry White at 615-633-7267.

MACON COUNTY FAIR: August 3rd thru 8th, 2009 – Macon County Fair Grounds. Contact: Bill or Sally Wells at 615-666-4204.

AUCTION FOR THE ARTS: August 22nd 2009 at 5:00 p. m. Held at the Macon County Fairgrounds – Contact: Nancy Doss at 615-644-5179 or Peggy Stephens 615-666-4004, or email: rxnd@nctc.com. Sponsored by the Macon County Arts Council.

Macon County Historical Society
The Macon County Historical Society, who now has an office in the Macon County Welcome Center, has it open for the public to see. They would like to invite you to come see some historical pictures of Macon County, Red Boiling Springs and Lafayette. If you would like more information on how to become a member of the Historical Society, call Teresa Whittemore at 615-666-5882. Dues are only \$12.50 a year.

Macon County Tourism Book
We are still finalizing ads for the Macon County Tourism Book. We hope to have everything in by mid-September.

MACON COUNTY ARTS COUNCIL NEWS

“Auction for the Arts”, sponsored by the Macon County Arts Council, is scheduled for Saturday, August 22nd, 6:00 p.m., at the Sally Wells Building on the fairgrounds. Area artists and craftspersons are encouraged to consider donating one or two pieces of their work for the auction. Last year the auction raised over \$4000 — money which, among other things, funded MCAC's arts education programs. MCAC was able to sponsor both the “Young Americans Workshop” and “Art in the Park” for the Macon County children. Also, artists were invited to visit our schools, and contributions were made to existing arts programs in the schools.

The evening will include a barbecue supper, musical entertainment by the local group “Kinship”, and the auction. Ben Bray will serve as auctioneer. Tickets for the dinner will be available from any MCAC board member. For questions about “Auction for the Arts” please call Kathy Eden at 666-7644 or Nancy Doss at 644-5179. Contributed artwork can be dropped off at “Frame It” in Lafayette.

MCAC is spotlighting photography, clay artists work, and the ancestral art of Thelma Austin in the new display at the Welcome Center. Photos by Patricia Ferguson, Don and Reba Jones, and Mel Perdue will be hanging in the center from July through September. Visit the Welcome Center and enjoy the wonderful photography!

Career & Technical Education Continuing to Grow in Macon County

The Tennessee Technology Center at Hartsville Tri-County Extension Campus, formally known as the Tri-County Vocational Center, began in 1974. The Red Boiling Springs School provides technical training for high school students in Macon and Jackson Counties and technical post secondary education for Macon, Smith, Sumner, Wilson, and Trousdale Counties. The center is now governed by the Tennessee Board of Regents and campus improvements are ongoing. We encourage everyone to visit our campus and see the over \$200,000 dollars in campus improvements.

Secondary classes meet in either the morning or afternoon at the Technology Center. Students are graded on attendance and competencies in their area of study. Secondary classes include: Business Systems Technology, Cosmetology, Dietary Manager, General Building Trades, Health Science, Machine Tool Technology, and Welding Technology. Business Systems Technology is not only offered to high school students, but post secondary students as well. The Business Systems Technology class is held in one of the two new computer labs at the school, and has a capacity to hold 30 students. Additional classes are being considered based upon business and industry demands in the Upper Cumberland area. The Tennessee Technology Center at artsville also holds classes in Trousdale, Sumner, and Wilson Counties.

Math and reading skills will be assessed via the KeyTrain program in the state-of-the-art computer lab. KeyTrain is a multi-sensory multimedia experience designed to review skills, practice skills, and utilize skills in real-world applications. The Machine Tool Technology and Dietary Manager Classes were the first secondary classes in the state to pilot the KeyTrain program, which is designed by WorkKeys. The WorkKeys Assessment System is rapidly becoming the nationwide standard for measuring and communicating basic workplace skills. The WorkKeys System was developed by ACT, Inc., the creators of the college entrance exam. All Tri-County faculty and staff have been trained in the operation of the KeyTrain software. Beginning this fall, all classes will rotate weekly in the computer lab.

The 27 Technology Centers, along with the six state universities and thirteen state community colleges, are governed by the Tennessee Board of Regents. TTC Hartsville is accredited by the Accrediting Commission of the Council on Occupational Education and is approved for the training of veterans by the State Office of Veterans' Education. The Tennessee Technology Center at Hartsville, in its educational programs and activities involving students and employees, does not discriminate on the basis of race, color, national origin, sex, religion, or age. Furthermore, the Technology Center does not discriminate against veterans or individuals with disabilities.

Comment from Lona

I am so glad that the Tennessee Technology Center in Hartsville has taken over the former Tri-County Vocational School. I went over to the Extension Campus in Red Boiling Springs to see the improvements that are being done on the building. Jennifer Hoffman from the Tennessee Technology Center in Hartsville showed me around. Hope you will plan to visit them soon.



SWAP MEET Clothes and School Supplies

Saturday, Aug. 1st

9:00 a.m. - 3:00 p.m.

at Curves, 611 Days Road, Lafayette

PRE-SCHOOL THRU 5TH GRADE SIZES 3T TO 14-16 (CHILDREN'S)

Clean, gently used clothing (no stains) shoes, socks, backpacks, folders, binders, etc.

Just bring your items into Curves. For every item you donate, you can swap one item.

You can start bringing in your items July 27-30, 8 a.m.-12 p.m. / 3 p.m.-6:30 p.m. and until 12 p.m. on Friday.

CLOTHING DONATIONS WILL ALSO BE ACCEPTED!

All clothing that remains after the swap has ended will be donated to a local charity.

For more info contact Linda Mason, 615-688-2878