

Four Lake Authority News

The Four Lake Authority, which was directed by the Tennessee Legislature to improve the employment opportunities in the region comprised of Macon, Smith, Sumner, Trousdale and Wilson Counties, is experiencing good times (*optimism*) and bad times (*reality*) as a result of the present economic challenges.

We are encouraged with the present industrial interest and activities at the PowerCom site. We have lost two incubator clients; however, we have a dedicated prospect for the Four Lake Spec Building and two new incubator clients desiring buildings and acreage. Employment opportunities will be a possibility in the near future. Our bad times are being replaced with hope, optimism and new growth.

Corrections Corporation of America is presently "on hold." All indications are that the facility's plans are moving forward - just at a slower pace during this recession. It is the desire of this economic entity to continue to react quickly and adjust plans for the future opportunities as they unfold in 2009.

The Four Lake Authority stands committed to our goal for the improvement of the quality of life for the citizens residing in the Four Lake region. We will face the trying financial times of 2009 with proactive determination in order to better serve the communities within our region.

Donna E. Arrington
Assistant Director
Four Lake Authority
(615) 374-4607

Macon County Chamber of Commerce

685 Highway 52 By-Pass West
Lafayette, TN 37083



Macon County Chamber of Commerce NEWSLETTER

685 Hwy. 52 By-Pass W.
Lafayette, TN 37083

June 2009

Phone (615) 666-5885
Fax (615) 666-6969

Officers & Board of Directors: Thomas Kidd - President

Richard Thomas, Brad Tuttle, Shelia Shrum, Debbie Mason, Cindy Holland, Beverly Walker, Tonia Butler, Pat White

Lona Vinson, Executive Secretary • Crystal Justice, Office Assistant

Website: www.maconcountyttn.com • Email: mchamber@nctc.com

Welcome New Members!

Wix Tree Service

1281 Westfork Creek Road • Westmoreland, TN 37186
Phone: 615-644-3563
Tony Wix, Owner

Macon Charity Riders

Tony Wix, President
1281 Westfork Creek Road • Westmoreland, TN 37186
Phone: Tony Wix at 644-3563 or M. Blankenship at 633-8214

Mr. Jon A. Wells, Atty.

206 Public Square • Lafayette, TN 37083
Phone: 615-666-4361

Welcome Rotary

The Rotary Club is now meeting at the new Welcome Center in the Community Room. We are glad to be able to furnish them with such a beautiful facility in which to meet. Rachel Knight and Becky Goad are cooking for Rotary, so we have the chance to eat those really good meals as well. They are really good cooks.

WELCOME CENTER COMMUNITY ROOM

If your company is planning a special meeting for your employees or civic group, why not look at the Macon County Welcome Center Community Room for that event? Drop by the office and take a look. Should you need us to contact someone to cater lunch, we will be more than happy to do that. you will have to pay a small fee for the use of the room. Should you be interested in learning more, you can contact us at 666-5885.

Membership Meeting

Our next meeting will be on June 23rd at La Tia Mexican Restaurant at 11:30 a.m. Our guest speaker will be Derrick Smith, CTPP, Middle Tennessee Regional Manager, Tennessee Dept. of Tourism Development. Lee Curtis will be there as well. She will be talking about the TDTD's TN Civil War Trail. PLAN NOW TO BE THERE.

Summer Grilling Tips

- Marinating quickly tenderizes meat and also adds additional flavor. Use roughly 1 to 2 cups of marinade for every 1 1/2 to 2 pounds of food. The marinade should completely surround the food. Cooked meat should **never** be returned to a cold marinade.

- A secret to tender, moist, tasty meat and fish is the cut you choose. The best cut for grilling steaks is a full one inch thick. Trim beef steaks to 1/8 inch fat—this reduces grease drippings to help minimize open flames. If you like your hamburgers juicy, go with ground beef that is about 15 to 20 percent fat. Have fish fillets cut from 1 to 1 1/2 inches thick—anything thinner will dry out too quickly. Pork chops should also be at least 1 to 1 1/2 inches thick—this cut is ready when the meat is no longer pink along the bone and when the juices run clear.

- When using charcoal, douse the coals with the least amount of starter fluid as possible to light the fire. If starter fluid is unavailable, try using regular salad oil. Wad a sheet of newspaper and pile the coals over it, then douse the coals with the salad oil. Light the paper as you would using normal starter fluid.

- Whenever barbecuing, use tongs to turn the meat. A fork should never be used as it will punch holes in the meat and allow the natural juices to escape, causing the meat to lose flavor and become chewy.

- When grilling meats, it is usually best to turn the meat only once. When grilling meat to a medium or greater doneness, use the lid to assist in cooking. This will decrease the cooking time by applying heat to all sides of the meat at once.

UPCOMING EVENTS

LOST COVE: Presented by the Thomas House of Red Boiling Springs. The event will include dinner and show for \$25.00 + tax per person. You will laugh out loud! Contact: The Thomas House at 615-699-3006.

ANNUAL SPORTS HALL OF FAME INDUCTION & BANQUET: (Annually first Saturday in June) June 6th, 2009 at the Macon County High School. Contact: Jimmy Wheely at 615-666-2125

PHOTO SHOW: June 4th thru 6th, 2009 at Citizens Bank on Highway 52 By-Pass. Show will feature work by local photographers. Contact: Nancy Doss at 615-644-5179 or Gay Chamberlain at 615-666-4349, or e-mail: rxnd@nctc.com Sponsored by the Macon County Arts Council.

BLUEGRASS FESTIVAL: (Annually the first weekend in June) June 5th & 6th, 2009 at the Donoho Hotel in Red Boiling Springs – Contact: Robert Stroop at 1-800-799-1705 or visit: www.donohohotel.com

TRUCK & TRACTOR PULL: (Annually held the first Saturday night in June) June 6th, 2009 – Macon County Fairgrounds – Contact: Terry White at 633-7267, Michael White at 633-6626, Floyd Overstreet at 633-7679, Cathy's Florist at 666-3100 or Stockyard Café at 666-5890.

HILLBILLY DAYS: (Annual event) June 18th-20th, 2009 at Key Park, contact: Carolyn Blankenship at 699-2495 or Chris Phillips at 666-2121 or e-mail: Maxeex@nctc.com

ARTS IN THE PARK: June 15th-16th, 2009. Art classes for children ages 5 thru 12 at Key Park from 9:00 a.m. until 12:00 noon. Contact: Nancy Doss at 615-644-5179 or Peggy Stephens at 615-666-4004 or e-mail rxnd@nctc.com Sponsored by the Macon County Arts Council.

4th ANNUAL MACON BLUEGRASS FESTIVAL: (Annual Event fourth weekend of the month) June 27th, 2009 at Macon County Fair Grounds – 10:00a.m. till 10:30p.m. Free admission, bring your own chairs. Contact: Hannah Smith at 615-699-3539 or 615-388-1404.

CUB SCOUT DAY CAMP: TBA – at the Lafayette City Park – for boys grades 2nd thru 5th grade. Contact: Lois Woodard at 615-666-6692, or e-mail: www.choiceneins@bellsouth.net

COMMUNITY FIREWORKS: The Palace Care & Rehab. – Friday, July 3rd, 2009. Starting at dusk. Contact Glenda Browning at 615-655-4274.

2nd ANNUAL TROPICAL DOLLS: Time and Date and Location – TBA – contact: Jacqueline Law at 615-888-6481 or e-mail jacquinelaw@yahoo.com Proceeds for the Children's Miracle Network @ Vanderbilt.

THAT THERE WUZ: Presented by the Thomas House in Red Boiling Springs. The event will include dinner and show for \$25.00 + tax per person. The show is a musical comedy. Contact: The Thomas House at 615-699-3006.

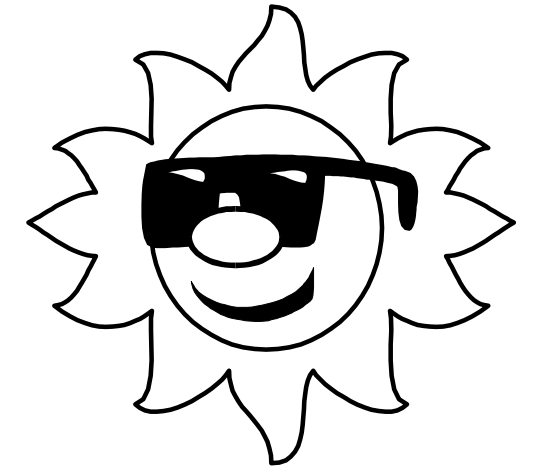
THREE STAR RETIREMENT COMMITTEE NEWS

The Three Star Retirement Committee at their last meeting viewed a Power Point presentation by Charlie Myers and Leonard Berry of various Elder Co-housing Communities they visited and combined highlights of these trips. Richard Eadler in Red Boiling Springs visited one of these communities in VA. He is very much interested in seeing this type of Co-housing in our county. Other visit to VA is being planned.

If you would like to become a member of the retirement committee or have something that you feel that the committee should be working on, contact: Brenda Hiatt, Committee Chairman at 666-4395.

Please take time to look at the www.retiremaconcounty.com. You may have some other ideas for the committee to discuss.

Macon County Arts Council News



Macon County Arts Council is sponsoring the annual Arts in the Park on June 15 and 16. At this writing, over 100 children between the ages of 5 and 12 have already registered for the two mornings of art classes. This year the classes include t-shirt painting, t-shirt coloring, mosaic pots, clay, wire and wood sculpture, silk painting, woodworking, paper mache and a new class called "Edible Art". MCAC is very appreciative of all the volunteers who are participating in this event, including our teachers, helpers, and refreshment suppliers. Thank you all for making Arts in the Park such a popular event!

On Sunday, June 28, at 2:00 p.m., MCAC will sponsor another Concert in the Park at Key Park. This will be a bluegrass concert featuring Jesse McReynolds, The Chiggerhill Boys and Terri and The Fiddling Preacher. So bring your lawnchairs, keep your fingers crossed for beautiful weather, and enjoy the sounds of some wonderful bluegrass! Just in case it does rain, the concert will be at the Macon High School auditorium.

Senior Citizens Center News

Hello to all our Seniors Citizens! The Macon County Senior Citizens Center continues to grow by leaps and bounds! We are so proud to offer services to our seniors with an indoor walking track, education programs, meals, pool tables, free blood pressure checks, monthly dances and many more activities! The schedule changes each month with more fun things to do so stop by the Center at 329 Hwy 52 By Pass East, Lafayette to pick up a copy. We will be observing National Safety Month in June with special guest speakers and activities throughout the month. We are planning a trip to Metropolis in June, the cost is just \$12 for a fun-filled day! Reserve you seat today! If you or someone you know would like more information about our services, we would be honored for you to stop by the Center or call us. Our number is 615-666-3780 and we are located at 329 Hwy 52 By Pass East in Lafayette. We are open Monday thru Friday from 8 a. m. till 4 p. m. we hope everyone has a great and safe summer.

**A BIG "THANK YOU" TO
BLUECROSS BLUESHIELD FOR
THE ROCKING CHAIRS THEY
DONATED FOR THE SENIOR
CENTER FRONT PORCH.**

Jamie Dallas, Director of the Senior Center

***Highway 52 Yard
Sale Big Success!***

The Highway 52 Yard Sale was a big success despite the rain. We are sorry about the rain, but Mother Nature is in control. We hope to do better next year. We had several people that dropped in the Welcome Center. They ask us to let them know when the Yard Sale would be next year. The 2010 Yard Sale days are May 21st and 22st.

Macon County Tourism Book

We are still working on the Macon County Tourism Book. We still have information for the book coming in and we are still selling ads for the book. The Macon County Tourism Book is used in the office for relocation packets, everyone that puts an ad in the book will get some of the books so they can give them out. We always supply the Real Estate people with a lot of books to begin with and more if they need them. We only do the Tourism Book every other year so your ad will be good for two years. It will take time to update the information and to sell ads, but we hope to move on it as fast as possible.